

Care Center Courier

Special Events

May 1 at 10:15am
Blue Notes will be performing in the cafeteria.

May 6 at 7:00pm
5-6-7-8 Dance Academy will be performing in the cafeteria.

May 15 at 6:00pm
Step-up Dance Academy will be performing in the cafeteria.

Skilled Nursing • Respite Care • Rehabilitation Services

Letter from our Activity Director

Warmer weather, green grass, buds on the trees, birds singing and the beginning of our patio visits. What a way to start May.

Thank you to the ladies from the Women's Federation for a fun filled afternoon playing bingo. It's always a great time, the ladies provided our residents with fun prizes and lots of goodies to choose from.

5-6-7-8 and Step-Up dance will entertain us once again this year with their dance skills. It is always a pleasure to see our talented little ones perform. We wish to thank them and all of our volunteers and

staff for helping. We are so blessed and grateful that our community gets involved with our residents.

Our outings to the local grocery stores have been a big success. As Leo was getting on the bus, he stated it had been 4 years since he'd been in a grocery store!

Mac, a high school student, was here for career day. She played games with our residents and interviewed some of the staff members. Thank you Mac, our residents had just as much fun as you.

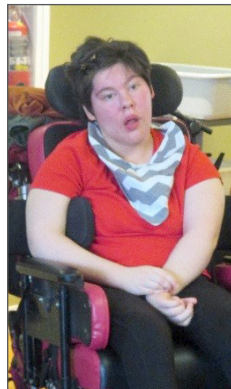
– Teresa Fye and ECC Team



Women' Federation bingo.
Always a good time!!



Leo G. all ready for his trip to the grocery store.



Mac is taking a short break from all the excitement.



Concentrating on their drawings.
Everyone did such an amazing job!!

Edgerton
CARE CENTER

313 Stoughton Road, Edgerton, WI 53534
608.884.1330

Nicole Hayes, Administrator

 Like Us On Facebook

As a non-profit 501c3 community, we thank you for supporting our mission of service to seniors through tax-deductible donations of cash or useful items.
Please call our office.



**WISCONSIN
ILLINOIS**
SENIOR HOUSING INC.

EdgertonCareCenter.org

WE ACCEPT CREDIT CARDS



Playing a little trivia during the Birthday party



Everyone loves playing ring around Cindy's leg.

May 2019

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Please Note: The calendar is subject to change. It is sent to print weeks in advance of the actual dates. There will be additions and corrections. Please look for postings and listen for the announcements. Thank you!		HAPPY BIRTHDAY May 3 Leo G. May 7 Sharon S. May 14 Bette M. May 21 Phyllis D. May 22 Arlene A.	1 9:15 Trivia 2/Facts 3 10:00 Blue Notes 2&3 2:00 Church 2&3 3:15 Bean Bags 2/ Horse Shoes 3 6:00 Horse Shoes 2/ Bean Bags 3	2 9:15 Facts 2/Pizza Toss 3 10:15 Bible Study 2&3 2:00 Bingo 2&3 3:00 Resident Council 2&3 6:00 Disc Throw 2/ Wheel Toss 3	3 9:15 Exercises 2&3 10:30 Pizza Toss 2/Trivia 3 1:15 Baseball 2/ Table Tennis 3 3:15 Ring Toss 2/ Baseball 3 6:00 Grip Toss 2/ Darts 3	4 9:15 Bowling 3 10:30 Wheel Toss 2 1:15 Mouse Toss 3 3:15 Uno 2 6:00 Bag Toss 3
5 9:15 Spiritual Hour 2&3 10:30 Disc Throw 2 1:15 Disc Throw 3 3:15 Bag Toss 2 6:00 Kick Ball 3	6 9:15 Exercises 2&3 10:30 Church 2&3 1:15 Pizza Toss 2/ Wheel Toss 3 3:15 Darts 2/Grip Toss 3 7:00 5-6-7-8 Dance	7 9:15 Trivia 2/Darts 3 10:30 Basketball 2/ Ring Toss 3 2:00 Social Hour 2&3 3:15 Memories 2/ Latter Ball 3 6:00 Latter Ball 2/ Horse Shoes 3	8 9:15 Facts 2/Balloon Ball 3 10:15 Balloon Ball 2/ Baking 3 2:00 Monthly Birthday Party 3:15 Disc Throw 2/ Wheel Toss 3 6:00 Horse Shoes 2/ Bags 3	9 9:15 Latter Ball 2/ Ring Toss 3 10:15 Bible Study 2&3 2:00 Bingo 2&3 3:15 Bags 2/Disc Throw 3 6:00 Reminisce 2/Darts 3	10 9:15 Exercises 2&3 10:15 Mouse Toss 2/ Wheel Toss 3 1:15 Grip Toss 2/ Baseball 3 3:15 Pizza Toss 2/ Grip Toss 3 6:00 Trivia 2/Balloon Ball 3	11 9:15 Bowling 3 10:30 Wheel Toss 2 1:15 Pizza Toss 3 3:15 Yahtzee 2 6:00 Latter Ball 3
12 MOTHER'S DAY 9:15 Spiritual Hour 2&3 10:30 Disc Throw 2 2:00 Church 2&3 3:15 Facts 2 6:00 Balloon Ball 3	13 9:15 Exercises 2&3 10:30 Church 2&3 1:15 Mouse Toss 2/ Disc Throw 3 3:15 Memories 2/ Grip Toss 3 6:00 Ring Toss 2/ Pizza Toss 3	14 9:15 Trivia 2/Darts 3 10:30 Mouse Toss 2/ Latter Ball 3 2:00 Social Hour 2&3 3:15 Latter Ball 2/ Horse Shoe 3 6:00 Grip Toss 2/Kick Ball 3	15 9:15 Balloon Ball 2/Facts 3 10:15 Baking 2/ Table Tennis 3 1:15 Memories 2/ Ring Toss 3 3:15 Wheel Toss 2/ Disc Throw 3 6:00 Step Up Dance 2&3	16 9:15 Ring Toss 2/ Latter Ball 3 10:15 Bible Study 2&3 2:00 Bingo 2&3 3:15 Disc Throw 2/Darts 3 6:00 Reminisce 2/ Grip Toss 3	17 9:15 Exercises 2&3 10:30 Target Throw 2/ Bags 3 1:15 Pizza Toss 2/Facts 3 3:15 Bags 2/Pizza Toss 3 6:00 Memories 2/ Wheel Toss 3	18 9:15 Bowling 3 10:30 Latter Ball 2 1:15 Wheel Toss 3 3:15 Pizza Toss 2 6:00 Mouse Toss 3
19 9:15 Spiritual Hour 2&3 10:30 Wheel Toss 2 1:15 Trivia 3 3:15 Facts 2 6:00 Table Tennis 3	20 9:15 Exercises 2&3 10:30 Church 2&3 1:15 Pizza Toss 2/ Ring Toss 3 3:15 Bean Bags 2/ Latter Ball 3 6:00 Darts 2/Horse Shoe 3	21 9:15 Trivia 2/Pong Throw 3 10:30 Disc Throw 2/ Kick Ball 3 2:00 Social Hour 2&3 3:15 Reminisce 2/Uno 3 6:00 Disc Throw 2/ Bowling 3	22 9:15 Facts 2/Balloon Ball 3 10:15 Table Tennis 2/ Baking 3 1:15 Ring Toss 2/ Latter Ball 3 3:15 Disc Throw 2/ Wheel Toss 3 6:00 Horse Shoes 2/ Disc Throw 3	23 9:15 Balloon Ball 2/ Bags 3 10:15 Bible Study 2&3 2:00 Bingo 2&3 3:15 Darts 2/Horse Shoes 3 6:00 Wheel Toss 2/ Bowling 3	24 9:15 Exercises 2&3 10:30 Balloon Ball 2/Bags 3 1:00 5th Grade Visit 2&3 3:15 Latter Ball 2/ Ring Toss 3 6:00 Grip Toss 2/ Kick Ball 3	25 9:15 Table Tennis 3 10:15 Wheel Toss 2 1:15 Disc Throw 3 3:15 Trivia 2 6:00 Soccer 3
26 9:15 Spiritual Hour 2&3 10:30 Trivia 2 1:15 Wheel Toss 3 3:15 Pizza Toss 2 6:00 Basketball 3	27 MEMORIAL DAY 9:15 Exercises 2&3 10:30 Church 2&3 1:15 Latter Ball 2/Bags 3 3:15 Horse Shoe 2/ Pizza Toss 3 6:00 Yahtzee 2/ Pong Throw 3	28 9:15 Ring Toss 2/ Wheel Toss 3 10:30 Wheel Toss 2/ Table Tennis 2:00 Social Hour 2&3 3:15 Ring Toss 2/ Horse Shoe 3 6:00 Disc Throw 2/ Bag Toss 3	29 9:15 Trivia 2/Bowling 3 10:15 Baking 2 2:00 Church 2&3 3:15 Disc Throw 2/ Latter Ball 3 6:00 Latter Ball 2/ Disc Throw 3	30 9:15 Disc Throw 2/ Grip Toss 3 10:15 Bible Study 2&3 2:00 Bingo 2&3 3:15 Wheel Toss 2/ Bag Toss 3 6:00 Bag Toss 2/ Horse Shoes 3	31 9:15 Exercises 2&3 10:30 Target Throw 2/ Ring Toss 3 1:15 Pizza Toss 3/ Wheel Toss 3 3:15 Grip Toss 2/ Mouse Toss 3 6:00 Uno 2/Basketball 3	2 = Floor 2 3 = Floor 3 C = Cafeteria

Resident of the Month

Kris T. is such a pleasure to have in our home. Many of you may know her as she has worked here at our facility since graduating high school as a dietary clerk. Her husband Tom and their furry friends visit often. Kris also has many friends in the community that stop in for a fun chat, help decorate her room, or to paint her nails. Kris also found that she does enjoy our bingo days, both Thursday bingo and our twilight bingo. Thank you, Kris, for being part of our ECC family.



DONATE SAFELY AND EASILY ONLINE:

EdgertonCareCenter.org/Donate



May is Osteoporosis Awareness Month

What is Osteoporosis? As we age, so do our bones. Osteoporosis occurs when the bones become brittle due to lack of proper levels of calcium. It can affect men and women, but mostly women. When bones lose calcium (or density) they become weakened and can be easily fractured or broken.

The most common fractures occur in the hip, spine and the wrist. The hip and wrist injuries often result from falls or trying to break a fall. Untreated spinal fractures may cause you to lose height and hunch.

The problem with osteoporosis is that everyday mishaps can lead to dangerous fractures. A fall that might normally result in a bruise and

nothing else may actually cause a fracture with a long recovery.

Some people are at greater risk for osteoporosis than others:

- Small body frame
- Family history of osteoporosis
- Poor diet
- Poor health
- Menopause
- Lack of vitamin D
- Thyroid issues
- Amenorrhea

If you have experienced painful bone fractures and have any of these risk factors, it may be time to see your physician.

Your Edgerton Staff

Nicole Hayes	884-1617
<i>Administrator</i>	
Rachel Royston, RN	884-1137
<i>Director of Nursing</i>	
Emily Leverentz	884-1127
<i>Nurse Manager</i>	
Teresa Fye	884-1133
<i>Activity Director</i>	
Mary Barrett, CDM	884-1675
<i>Dietary</i>	
Sherri Koteski	884-1332
<i>Social Worker</i>	
Ashley Revels	884-1129
<i>Social Worker</i>	
Alice Laurant	884-1125
<i>Therapy Manager</i>	
Amy Ramirez	884-1134
<i>Medical Records/Transportation</i>	
Brittany Young	884-1339
<i>Human Resource</i>	
Jennifer Babcock	884-1664
<i>Business Office Manager</i>	

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The American Health Care Association (AHCA) recently announced **“Live Soulfully”** as the 2019 theme for National Skilled Nursing Care Week (NSNCW), formerly known as National Nursing Home Week.

The “Live Soulfully” theme highlights how both residents and staff achieve happiness. Whether it’s exercising as a group, baking yummy treats, or listening to musical entertainment, “Live Soulfully” helps to identify activities that impact and improve the quality of life for each individual at each center. From May 12-18, 2019, centers will be encouraged to host activities that encourage residents and staff to display how they “Live Soulfully.”



Established by the American Health Care Association (AHCA) in 1967, NSNCW recognizes the role of skilled nursing care centers in caring for America’s seniors and individuals with disabilities.

Information from: ahcancal.org.